



SEXUAL & REPRODUCTIVE HEALTH

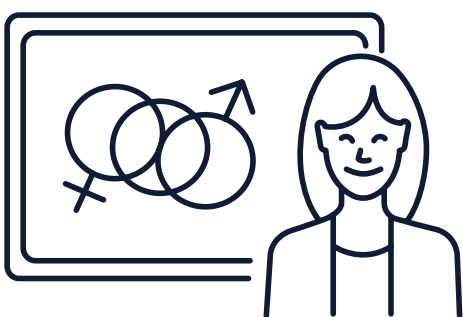
QANUILIRPITAA? 2017 HEALTH SURVEY

Sexual and reproductive health is an integral part of overall health and wellness. It encompasses the physical, mental and social well-being aspects of sexual life, relationships and reproduction. Positive sexual health is characterised by respectful and safe sexual experiences.

SEXUAL HEALTH AND BEHAVIOURS (Youth aged 16-30)

31% of sexually active* Nunavimmiut aged 16 to 30 said they always used **BIRTH CONTROL** methods in the year before to the survey.

Half (50%) reported having received **SEXUAL EDUCATION** at school.



Greater emotional support and family cohesion were associated with **FAVOURABLE ASPECTS OF SEXUALITY**, such as being able to talk openly about sex, consistent contraceptive use and greater confidence in setting clear sexual limits.

* Those who reported having had sexual intercourse at least once in their lifetime.



CONDOM use has gone up by 9% compared to 2004 (56% in 2017 versus 47%).

Youth participants were offered to be tested for **STBBIs** (sexually transmitted and blood-borne infections). Chlamydia was found most commonly (10%); lower rates were found for gonorrhea (2%) and syphilis (<1%).

REPRODUCTIVE HEALTH AND CHILDBEARING (Nunavimmiut aged 16 and older)

3 out of 4 Nunavimmiut aged 16 and older **HAVE AT LEAST ONE CHILD** (76%).



2 out of 3 women reported having their **FIRST PREGNANCY** between the ages of 15 and 19 years old (67%).

2 out of 3 women reported having **BREASTFED** their last child (67%).



43% of Nunavimmiut have given a child up for **ADOPTION** in their lifetime.

4 women out of 10 reported that they did **NOT SMOKE EVERY DAY** during their last pregnancy (44%).



About 8 out of 10 women reported having an **ALCOHOL-FREE PREGNANCY** the last time they were pregnant (78%).



TO SEEK HELP ABOUT YOUR HEALTH, CONTACT YOUR LOCAL CLSC

Regional organizations are committed to working with the communities to promote healthy sexual behaviour and healthy pregnancies.

Qanuilirpitaa? 2017 is a population health survey carried out in Nunavik from August to October 2017. A total of 1 326 Nunavimmiut aged 16 and over from all 14 villages participated in this survey.



574 aged 16-30
752 aged 31 and +



873 women



453 men



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For more information:
nrbhss.ca/en/health-surveys

Nakurmiik to all Nunavimmiut who contributed to this important health survey!