

Self-perceived general health of First Nations people living off reserve, Métis and Inuit by age group and gender, Aboriginal Peoples Survey, 2022, [1, 2, 3, 4, 5, 6]

Indigenous identity [4, 7]		Quebec Inuk (Inuit)					
Reference period		2022					
Statistics [8, 9]		Number of persons	Percent [12]	Low 95% confidence interval	High 95% confidence interval		
Age group [10]	Gender [11]	Self-perceived general health [3, 12]					
		Persons		Percent			
Total, 1 year and over	Total, gender	Total, self-perceived general health	15,920	100.0	100.0	100.0	
		Excellent or very good	7,980	50.1	47.1	53.2	
			Excellent	3,480	21.9	19.5	24.4
			Very good	4,500	28.2	25.6	31.0
			Good	5,810	36.5	33.6	39.4
			Fair or poor	2,100	13.2	11.4	15.2
			Self-perceived general health not specified [13]	F	F	F	F
		Men+ [14]	Total, self-perceived general health	7,870	100.0	100.0	100.0
			Excellent or very good	4,100	52.1	47.6	56.5
			Excellent	1,760	22.4	19.0	26.3
			Very good	2,330	29.6	25.7	33.9
			Good	2,940	37.4	33.1	41.9
			Fair or poor	820E	10.5	8.4	13.0
			Self-perceived general health not specified [13]	F	F	F	F
		Women+ [15]	Total, self-perceived general health	8,050	100.0	100.0	100.0
			Excellent or very good	3,880	48.2	44.1	52.4
			Excellent	1,720	21.3	18.2	24.8
			Very good	2,160	26.9	23.2	30.9
			Good	2,860	35.6	31.8	39.5
			Fair or poor	1,280	15.9	13.1	19.0
		Self-perceived general health not specified [13]	F	F	F	F	
1 to 14 years	Total, gender	Total, self-perceived general health	4,980	100.0	100.0	100.0	
		Excellent or very good	3,530	70.8	66.5	74.8	
			Excellent	1,780	35.7	31.4	40.1
			Very good	1,750	35.2	30.8	39.7
			Good	1,230	24.7	21.0	28.7
			Fair or poor	F	4.2	2.6	6.7
			Self-perceived general health not specified [13]	F	F	F	F
		Men+ [14]	Total, self-perceived general health	2,480	100.0	100.0	100.0
			Excellent or very good	1,770	71.2	65.1	76.7
			Excellent	870E	35.0	29.1	41.4
			Very good	900E	36.3	30.4	42.6
			Good	610E	24.7	19.7	30.6
			Fair or poor	F	F	F	F
			Self-perceived general health not specified [13]	F	F	F	F
		Women+ [15]	Total, self-perceived general health	2,500	100.0	100.0	100.0
			Excellent or very good	1,760	70.4	64.4	75.8
			Excellent	910E	36.3	30.5	42.6
			Very good	850E	34.1	27.9	40.8
			Good	620E	24.7	19.7	30.5
			Fair or poor	F	F	F	F
		Self-perceived general health not specified [13]	F	F	F	F	
1 to 5 years	Total, gender	Total, self-perceived general health	2,050	100.0	100.0	100.0	
		Excellent or very good	1,450	70.5	64.1	76.2	
			Excellent	830E	40.2	33.8	46.9
			Very good	620E	30.3	24.6	36.8
			Good	570E	27.7	22.2	34.1
			Fair or poor	F	F	F	F
			Self-perceived general health not specified [13]	F	F	F	F
		Men+ [14]	Total, self-perceived general health	940E	100.0E	100.0	100.0
			Excellent or very good	640E	68.3E	58.6	76.7
			Excellent	F	35.7E	26.6	45.8
		Very good	F	32.7E	24.2	42.4	

		Good	F	30.6E	22.3	40.3
		Fair or poor	F	F	F	F
		Self-perceived general health not specified [13]	F	F	F	F
	Women+ [15]	Total, self-perceived general health	1,110	100.0	100.0	100.0
		Excellent or very good	810E	72.4E	63.7	79.7
		Excellent	F	44.0E	35.4	53.1
		Very good	F	28.4E	21.0	37.2
		Good	F	25.4E	18.3	33.9
		Fair or poor	F	F	F	F
		Self-perceived general health not specified [13]	F	F	F	F
6 to 14 years	Total, gender	Total, self-perceived general health	2,930	100.0	100.0	100.0
		Excellent or very good	2,080	71.0	65.3	76.2
		Excellent	950E	32.5	27.1	38.5
		Very good	1,130E	38.5	32.6	44.9
		Good	660E	22.6	17.9	28.0
		Fair or poor	F	6.0	3.6	9.9
		Self-perceived general health not specified [13]	F	F	F	F
	Men+ [14]	Total, self-perceived general health	1,540	100.0	100.0	100.0
		Excellent or very good	1,120E	73.0E	65.1	79.7
		Excellent	F	34.6E	27.2	42.8
		Very good	F	38.4E	30.7	46.9
		Good	F	21.1	15.2	28.6
		Fair or poor	F	F	F	F
		Self-perceived general health not specified [13]	F	F	F	F
	Women+ [15]	Total, self-perceived general health	1,390	100.0	100.0	100.0
		Excellent or very good	960E	68.8E	60.2	76.3
		Excellent	F	30.2E	22.7	39.0
		Very good	F	38.6E	30.0	48.0
		Good	F	24.2E	17.4	32.4
		Fair or poor	F	F	F	F
		Self-perceived general health not specified [13]	F	F	F	F
15 years and older	Total, gender	Total, self-perceived general health	10,940	100.0	100.0	100.0
		Excellent or very good	4,450	40.7	36.9	44.6
		Excellent	1,710	15.6	12.9	18.8
		Very good	2,750	25.1	21.8	28.7
		Good	4,580	41.8	38.1	45.7
		Fair or poor	1,890	17.3	14.8	20.1
		Self-perceived general health not specified [13]	F	F	F	F
	Men+ [14]	Total, self-perceived general health	5,390	100.0	100.0	100.0
		Excellent or very good	2,330	43.2	37.6	49.0
		Excellent	900E	16.6	12.6	21.6
		Very good	1,430	26.6	21.7	32.2
		Good	2,330	43.2	37.7	48.9
		Fair or poor	720E	13.4	10.5	17.0
		Self-perceived general health not specified [13]	F	F	F	F
	Women+ [15]	Total, self-perceived general health	5,550	100.0	100.0	100.0
		Excellent or very good	2,120	38.2	33.1	43.6
		Excellent	810E	14.6	11.0	19.0
		Very good	1,310	23.6	19.1	28.9
		Good	2,250	40.5	35.5	45.7
		Fair or poor	1,170	21.0	17.3	25.3
		Self-perceived general health not specified [13]	F	F	F	F
15 to 24 years	Total, gender	Total, self-perceived general health	3,160	100.0	100.0	100.0
		Excellent or very good	1,500	47.6	41.0	54.4
		Excellent	640E	20.4	15.6	26.2
		Very good	860E	27.3	22.0	33.3
		Good	1,450	46.0	39.2	52.8
		Fair or poor	F	6.4	3.9	10.3
		Self-perceived general health not specified [13]	F	F	F	F
	Men+ [14]	Total, self-perceived general health	1,8	100.0	100.0	100.0
		Excellent or very good	900E	50.2E	40.2	60.1
		Excellent	F	22.2E	15.2	31.3
		Very good	F	27.9E	20.5	36.7
		Good	820E	45.5E	35.7	55.8

		Fair or poor	F	F	F	F
		Self-perceived general health not specified [13]	F	F	F	F
	Women+ [15]	Total, self-perceived general health	1,360	100.0	100.0	100.0
		Excellent or very good	600E	44.3E	35.7	53.2
		Excellent	F	17.9	12.4	25.1
		Very good	F	26.4E	19.2	35.0
		Good	630E	46.6E	37.8	55.6
		Fair or poor	F	9.2	5.0	16.3
		Self-perceived general health not specified [13]	F	F	F	F
25 to 54 years	Total, gender	Total, self-perceived general health	5,790	100.0	100.0	100.0
		Excellent or very good	2,260	39.0	33.6	44.7
		Excellent	F	15.1	11.1	20.1
		Very good	1,390E	23.9	19.4	29.2
		Good	2,35	40.6	35.4	46.1
		Fair or poor	1,160E	20.1	16.1	24.7
		Self-perceived general health not specified [13]	F	F	F	F
	Men+ [14]	Total, self-perceived general health	2,54	100.0	100.0	100.0
		Excellent or very good	1,070E	42.0E	33.6	50.9
		Excellent	F	15.2E	9.4	23.8
		Very good	F	26.8E	19.7	35.4
		Good	1,060E	41.8E	33.9	50.2
		Fair or poor	F	16.1	11.2	22.7
		Self-perceived general health not specified [13]	F	F	F	F
	Women+ [15]	Total, self-perceived general health	3,240	100.0	100.0	100.0
		Excellent or very good	1,190E	36.7E	29.8	44.1
		Excellent	F	15.0	10.0	21.8
		Very good	F	21.7	16.0	28.8
		Good	1,290E	39.7E	32.8	47.0
		Fair or poor	F	23.1	17.7	29.7
		Self-perceived general health not specified [13]	F	F	F	F
25 to 34 years	Total, gender	Total, self-perceived general health	2,490	100.0	100.0	100.0
		Excellent or very good	1,060E	42.7E	34.7	51.0
		Excellent	F	18.8E	12.6	27.0
		Very good	F	23.9E	17.4	31.8
		Good	1,070E	43.1E	34.9	51.6
		Fair or poor	F	14.2	9.3	21.2
		Self-perceived general health not specified [13]	F	F	F	F
	Men+ [14]	Total, self-perceived general health	1,040E	100.0E	100.0	100.0
		Excellent or very good	F	47.8E	34.7	61.2
		Excellent	F	21.8E	11.6	37.1
		Very good	F	26.0E	15.9	39.5
		Good	F	41.5E	29.6	54.5
		Fair or poor	F	F	F	F
		Self-perceived general health not specified [13]	F	F	F	F
	Women+ [15]	Total, self-perceived general health	1,450E	100.0E	100.0	100.0
		Excellent or very good	F	39.0E	29.2	49.9
		Excellent	F	16.6E	10.1	26.3
		Very good	F	22.4E	14.6	32.7
		Good	F	44.2E	33.6	55.3
		Fair or poor	F	16.8E	9.8	27.3
		Self-perceived general health not specified [13]	F	F	F	F
35 to 44 years	Total, gender	Total, self-perceived general health	1,650E	100.0E	100.0	100.0
		Excellent or very good	F	36.1E	25.8	47.9
		Excellent	F	F	F	F
		Very good	F	26.6E	17.3	38.7
		Good	F	39.1E	29.3	49.8
		Fair or poor	F	23.8E	16.3	33.2
		Self-perceived general health not specified [13]	F	F	F	F
	Men+ [14]	Total, self-perceived general health	F	F	F	F
		Excellent or very good	F	F	F	F
		Excellent	F	F	F	F
		Very good	F	F	F	F
		Good	F	F	F	F
		Fair or poor	F	F	F	F

		Self-perceived general health not specified [13]	F	F	F	F
	Women+ [15]	Total, self-perceived general health	F	F	F	F
		Excellent or very good	F	F	F	F
		Excellent	F	F	F	F
		Very good	F	F	F	F
		Good	F	F	F	F
		Fair or poor	F	F	F	F
		Self-perceived general health not specified [13]	F	F	F	F
45 to 54 years	Total, gender	Total, self-perceived general health	1,650E	100.0E	100.0	100.0
		Excellent or very good	F	36.4E	26.7	47.4
		Excellent	F	15.1E	7.7	27.5
		Very good	F	21.3E	14.3	30.6
		Good	F	38.4E	29.3	48.4
		Fair or poor	F	25.2E	17.7	34.6
		Self-perceived general health not specified [13]	F	F	F	F
	Men+ [14]	Total, self-perceived general health	F	F	F	F
		Excellent or very good	F	F	F	F
		Excellent	F	F	F	F
		Very good	F	F	F	F
		Good	F	F	F	F
		Fair or poor	F	F	F	F
		Self-perceived general health not specified [13]	F	F	F	F
	Women+ [15]	Total, self-perceived general health	930E	100.0E	100.0	100.0
		Excellent or very good	F	32.8E	21.0	47.2
		Excellent	F	F	F	F
		Very good	F	17.5E	10.0	28.8
		Good	F	31.3E	20.6	44.4
		Fair or poor	F	35.9E	24.0	49.9
		Self-perceived general health not specified [13]	F	F	F	F
55 years and over	Total, gender	Total, self-perceived general health	2	100.0	100.0	100.0
		Excellent or very good	690E	34.6E	26.2	44.0
		Excellent	F	9.5	6.2	14.4
		Very good	500E	25.0E	17.1	35.1
		Good	780	38.8E	31.6	46.6
		Fair or poor	530E	26.4	21.4	32.0
		Self-perceived general health not specified [13]	F	F	F	F
	Men+ [14]	Total, self-perceived general health	1,050	100.0	100.0	100.0
		Excellent or very good	F	34.3E	23.8	46.6
		Excellent	F	10.4	6.5	16.3
		Very good	F	23.9E	14.2	37.3
		Good	450E	42.7E	32.4	53.7
		Fair or poor	F	22.5	16.5	29.8
		Self-perceived general health not specified [13]	F	F	F	F
	Women+ [15]	Total, self-perceived general health	950	100.0	100.0	100.0
		Excellent or very good	F	34.9E	22.6	49.4
		Excellent	F	F	F	F
		Very good	F	26.3E	14.7	42.5
		Good	330E	34.5E	25.9	44.3
		Fair or poor	F	30.6E	23.1	39.4
		Self-perceived general health not specified [13]	F	F	F	F

Symbol legend:

E : use with caution

F : too unreliable to be published

Footnotes:

[1] Source: Indigenous Peoples Survey 2022.

[2] The target population of the 2022 Indigenous Peoples Survey (IPS) was composed of the Indigenous identity population of Canada, 1 year of age and over as of April 27, 2022, living in private dwellings excluding persons living on Indian reserves and settlements and in certain First Nations communities in Yukon and the Northwest Territories (NWT).

[3] Self-perceived general health is an indicator of overall health status. Respondents were asked: In general, how is your health? Would you say... Excellent? Very good? Good? Fair? Poor?"

[4] Indigenous identity includes persons living off reserve who reported being an Indigenous person, that is, First Nations (North American Indian), Métis or Inuit (Inuit) and/or those who reported Registered or Treaty Indian status, that is registered under the Indian Act of Canada, and/or those who reported membership in a First Nation or Indian band. Indigenous peoples of Canada are defined in the Constitution Act, 1982, Section 35 (2) as including the Indian, Inuit and Métis peoples of Canada. The sum of the categories included in this variable is greater than the total population estimate for Indigenous identity because a person may have reported more than one Indigenous identity: for example, a person could self-identify as both First Nations and Métis.

[5] This table is similar to Table [41-10-0020-01](https://www150.statcan.gc.ca/t1/tb11/en/tv.action?pid=4110002001) (opens new window) which contains data from the 2017 Aboriginal Peoples Survey (APS) and Table [41-10-0001-01](https://www150.statcan.gc.ca/t1/tb11/en/tv.action?pid=4110000101) (opens new window), from the 2001, 2006 and 2012 Aboriginal Peoples Survey (APS) on self-perceived general health. However, data users are cautioned to be aware of the differences between the variables and age ranges when comparing 2022 IPS data with data from previous cycles."

[6] Proxy reporting was used in the 2022 Indigenous Peoples Survey for children aged 1 to 14 years and for adults aged 15 years and older in certain specific situations (for example when the selected adult was not able to answer for health related reasons, due to a language barrier, or because the selected respondent was going to be away from home for the duration of the survey.)

[7] The sum of the categories included in this variable does not equal the total population estimate for Indigenous identity because a person may have reported more than one Indigenous identity (for example, a person could have self-identified as both First Nations and Métis).

[8] The confidence interval illustrates the degree of variability associated with an estimate. A wider confidence interval indicates higher variability, meaning that the estimate should be interpreted with due caution. The 95% confidence interval of an estimate means that if the survey were repeated over and over, the confidence interval would cover the true population value 95% of the time (or 19 times out of 20). Bootstrapping techniques were used to produce the 95% confidence intervals.

[9] Estimates flagged with the letter E should be used with caution. In these cases, data users should use the 95% confidence interval to assess whether the quality of the estimate is sufficient. The letter F indicates estimates that are too unreliable to be published.

[10] Age is derived from the respondent's date of birth and from the Indigenous Peoples Survey reference date of April 27, 2022. The reference date corresponds approximately to the beginning of data collection for the survey.

[11] Given that the non-binary population is small, data aggregation to a two-category gender variable is sometimes necessary to protect the confidentiality of responses. In these cases, individuals in the category "non-binary persons" are distributed into the other two gender categories and are denoted by the "+" symbol.

[12] All percentages for the variable self-perceived general health" are calculated using the number of persons in "total, self-perceived general health" as denominator."

[13] Not specified" categories consist of item non-response ("Not stated")."

[14] This category includes men (and/or boys), as well as some non-binary persons.

[15] This category includes women (and/or girls), as well as some non-binary persons.

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